

## SANDWICHES & MORE

*All of our sandwiches are served with your choice side.  
See Side & Sub box on inside page for options*

**LONG BEACH CLUB** ☆ Blackened chicken, guacamole, back bacon, aged cheddar, lettuce, tomato and roasted beet mayo served on a grilled ciabatta bun or your choice of white or whole wheat wrap. \$15.95

**PULLED PORK PRETZEL** Slow roasted pulled pork braised with Mississippi BBQ sauce, topped with jalapeno slaw & bacon served on a warm pretzel bun. \$15.95

**BEEF DIP** Shaved AAA Canadian beef piled high on a ciabatta bun, topped with caramelized onions. \$15.95

**CHICKEN BACON AVOCADO WRAP** Blackened chicken, bacon, aged cheddar, avocado, lettuce, and chili lime aioli on your choice of white or whole wheat wrap. \$14.95

**BUFFALO CHICKEN WRAP** Grilled chicken topped with our house made buffalo sauce with aged cheddar, lettuce and tomatoes on your choice of white or whole wheat wrap. \$14.95

**ROCHDALE CLUB** ☆ Grilled chicken, bacon, aged cheddar, lettuce, tomatoes and ale mayo on a grilled ciabatta bun or in your choice of white or whole wheat wrap. \$14.95

**MEATLOAF SANDWICH** Just like Mom's! AAA Canadian beef spiced gently and served with our homemade Applewood BBQ sauce, smoked cheddar, topped with caramelized onions on a pretzel baguette. \$15.50

**CHICKEN CAESAR WRAP** Crispy chicken tossed with our homemade Caesar dressing, parmesan cheese and lettuce, served on white or whole wheat wrap. \$14.95

**GREEK WRAP** Your choice of Grilled AAA Canadian beef, grilled or blackened chicken, tossed with greek dressing, lettuce, cucumber, tomatoes, green pepper, red onion, and feta cheese. Served on white or whole wheat wrap. \$14.95

**CHICKEN FAJITA WRAP** Grilled chicken sautéed, with bell peppers, onions, mushrooms tossed in our house made fajita seasoning. Served on white or whole wheat wrap. \$14.95

## PUB FAVORITES

*All of our pub favorites are served with your choice side.  
See Side & Sub box on inside page for options*

**FISH AND CHIPS** East coast beer battered haddock served with coleslaw & homeade tartar sauce. \$15.95

**WESTERN STEAK SANDWICH** Ⓢ Charbroiled 8oz. sirloin grilled to your liking served on garlic toast, topped with crispy onion rings. \$15.95 *Add sautéed mushrooms for only \$2*

**FETTUCCINI ALFREDO** Ham, mushrooms, garlic, sautéed with creamy parmesan sauce served on a bed of noodles. \$14.95 *Add chicken or Cajun chicken \$4*

**CHICKEN OR FISH TACOS** Ⓢ Grilled, blackened Chicken or marinated Fish, topped with cabbage, avocado & cilantro drizzled with chili lime aioli and served with homemade salsa on fresh corn or flour tortillas. \$14.95

**CHICKEN TENDERS** Tender chicken fillets with your choice of dipping sauce. \$14.95 *Serving of fingers with no side \$12.50*

**QUESADILLA** A 12" white or whole wheat tortilla with tomatoes, green onions, orange peppers, cheddar/mozza mix and your choice of grilled chicken, cajun chicken or seasoned ground beef, with homemade salsa and sour cream. \$14.95

## OPEN TAP ALL DAY BREAKFAST

**ALL DAY BREAKFAST** Two eggs, bacon, ham and shredded hash browns served with white/brown toast. \$11.95

**TAP SCRAMBLER** Scrambled eggs, ham, green onion, and tomato served on hashbrowns topped with our mozza/cheddar blend. Served with white or brown toast. \$12.95

**BREAKFAST CLUB BUN OR WRAP** Egg, bacon, cheese, tomato, lettuce and mayo nestled in our homemade bun or white or whole wheat wrap. Served with hashbrowns. \$11.95

\*Please note that gluten is used daily in our kitchen and we cannot confirm that any menu item is 100% gluten free. If you are highly allergic please inform your server prior to ordering.



## FOOD MENU



## TO START OR SHARE

**WESTENDER WINGS** ☆ A pound of non-breaded or boneless chicken wings in your choice of sauce with carrot & celery sticks. \$12

**BONELESS DRY RIBS** ☆ Tender pork ribs, breaded & tossed in your choice of sauce. \$13.95

**PIZZA BONES** 🍃 Pizza bread with herb and garlic butter or Italian dressing topped with cheese. Served with ranch or pizza sauce for dipping. 10" \$11.95 • 12" \$14.95 • 15" \$16.95  
*Add bacon, green onion and tomato to kick it up a notch! \$1 per topping!*

**FRIED DILL SPEARS** 🍃 Crispy dill pickle spears lightly breaded & fried served with your choice of ranch, buffalo ranch or honey dill for dipping. \$11.95

**STUFFED MUSHROOM CAPS** 🍃 Button mushroom caps stuffed with crab, herbs & a cream cheese blend. Served with garlic toast. \$13.95

**NACHO PLATTER** Hand cut corn tortillas piled high with tomatoes, green onion, green peppers, black olives, jalapenos and jack & cheddar cheese. Full \$20.95 • Half \$15.95  
*Add blackened chicken, ground beef or pulled pork \$4*  
*Add Guacamole \$2 • Extra Cheese \$3*

**SPINACH DIP** 🍃 Fresh spinach mixed with a four cheese blend and a splash of Original 16 beer, served with pita bread & nacho chips for dipping. \$12.95

**CAULIFLOWER BITES** 🍃 Battered Cauliflower deep fried and tossed in your choice of sauce. \$11.95

**COCONUT SHRIMP** Tender prawns coated with shredded coconut, fried golden brown, served with our house made mango salsa. \$12.95

**JALAPENO JACK BITES** 🍃 Diced jalapeno blended with Jack cheese, breaded and fried golden brown. \$11.95

**MAC & CHEESE BITES** 🍃 Breaded mac & cheese, deep fried and served with Ale mayo or Chipotle dipping sauce. \$11.95

Hot, BBQ, honey garlic, lemon pepper, greek, buffalo ranch, teriyaki, fire & ice, sweet thai, garlic parmesan, chili maple, or sea salt & cracked pepper.

Wing & Rib Flavours

**CORDON BLEU BITES** Ham & Swiss cheese lightly breaded and deep fried. Served with honey dill dip. \$12.95

**FRIES** 🍃 Generous portion of crispy thick fries. Choice of plain, cajun, greek or garlic parmesan. \$6.25

**TAP LAGERS** 🍃 Thinly sliced potatoes deep fried and seasoned to perfection, served with chipotle Mayo. Choice of plain, cajun, greek or garlic parmesan. \$6.95

**SWEET POTATO FRIES** 🍃 Plank cut sweet potato fries cooked to perfection, served with our homemade honey dill dip. \$8.25

**TAP POUTINE** Thick cut fries with cheese curds and homemade gravy. \$10

**ONION RINGS** 🍃 A heaping stack of gourmet onion rings served with chipotle mayo. \$9

**LETTUCE WRAPS** Your choice of buffalo chicken or sweet thai chicken 13.95

*Buffalo chicken:* bacon, grilled chicken, green onion, tomato, aged cheddar tossed in a spicy buffalo sauce.  
*Thai chicken:* chicken, red onion, peppers, rice noodle in a sweet thai sauce.

**TAP FLATBREAD** 🍃 Flat bread topped with sun-dried tomato pesto, mozza cheese baked to perfection garnished with fresh tomatoes, basil pesto, balsamic glaze and finished with fresh parmesan. \$11.95 *Add chicken \$4*

**FIRE CRACKER CALAMARI** Mouthwatering breaded calamari bites served with Thai sauce. \$13.95

**MARKET MAC & CHEESE** ☆ 🍃 Comfort food at its finest! Made from a blend of Canadian cheeses, fresh cream and macaroni. \$12.95 *Add bacon \$2*

**SPRING ROLLS** A mixture of rice noodles, cabbage, green onions, and pork. Served with our Asian dipping sauce or Sweet thai. \$12.95

**MUNCHIE PLATTER** Dry Ribs & Wings in your choice of flavour, nachos & fries. Served with veggies & dips. Full \$31 • Half \$21 *Substitute Sweet fries or Onion rings \$2*

## KETTLE & GREENS

*Add grilled or blackened chicken to any salad \$4.00*  
*Add garlic toast to any salad for \$1.00*

**SOUP OF THE DAY** A savoury soup homemade daily! Cup \$4 • Bowl \$6

**OUR FAMOUS JALAPENO SOUP** ☆ 🍃 Fresh cream, aged cheddar and jalapeno simmered to perfection & topped with puff pastry. \$9

**FRENCH ONION SOUP** beef and wine-based broth caramelized onions, topped with homemade croutons and mozza cheese. Served with Garlic toast. \$9

**CAESAR SALAD** 🍃 Crisp romaine lettuce tossed with creamy Caesar dressing, parmesan cheese & croutons. Full \$13.95 • Starter \$4.25

**TOSSED SALAD** 🍃 Spring Mix topped with fresh vegetables. Full \$12.00 • Starter \$3.50

**GREEK SALAD** 🍃 🌱 Fresh vegetables, Kalamata olives and feta tossed in a creamy greek dressing, served on fresh romaine lettuce. Full \$13.95 • Starter \$4.25

**MANGO SALAD** 🍃 🌱 Spring mix, topped with seasoned chick peas, fresh mango, goat cheese and drizzled with our homemade Caribbean mango dressing. Full \$14 • Starter \$5.00

**THE TAP CHOP SALAD** ☆ 🌱 Grilled chicken, avocado, roma tomatoes, bacon, egg, ham and veggies on a bed of spring mix lettuce. Served with your choice of dressing on the side. \$16.25

**TAP TACO SALAD** 🌱 *Gluten free without the bowl* Romaine lettuce topped with onions, tomatoes, peppers your choice of blackened chicken or seasoned ground beef topped with cheddar/jack cheese in a crispy taco bowl. Served with taco chips, sour cream & homemade salsa on the side. \$16.25

**SPINACH SALAD** 🍃 Fresh Spinach topped with red onion, crisp bacon, and hardboiled egg, served with poppyseed dressing. \$15.25

☆ SIGNATURE DISH 🍃 VEGETARIAN 🌱 GLUTEN FRIENDLY

## SIGNATURE BIG BURGERS

*All of our burgers are hand pressed in house, served on a fresh homemade bun with choice of side.*  
*See Side & Sub box below for options*

**CLASSIC BACON & CHEESE** ☆ Hand pressed sirloin burger topped with bacon & aged cheddar, lettuce, tomatoes, ale mayo and onion, topped with a fried pickle spear. \$15.95

**OLE' BURGER** Our sirloin burger topped with house made chipotle sauce, bacon, jalapeno/jack cheese, caramelized onions & banana peppers. \$15.95

**SMOKIN RED COAT** Our sirloin burger topped with Redcoat Ale chipotle mayo, bacon, smoked gouda and onion rings. \$15.95

**THE LUMBERJACK** Our sirloin burger topped with back bacon, aged cheddar, fried egg, marmalade mayo served on a grilled english muffin. \$16.95

**ANGRY IRISHMAN** Our sirloin burger topped with apricot candied bacon, white aged cheddar, 40 Creek Whiskey barbecue sauce, onion rings and ale mayo. \$16.95

**BLACK & BLEU BURGER** Our sirloin burger blackened and topped with back bacon, age white cheddar, lettuce, tomato, onion and bleu cheese mayo and honey dijon mustard. \$16.95

**MALIBU BURGER** Vegan veggie style burger made from of all organic ingredients, brown rice, rolled oats, corn, carrots, onions and peppers seasoned with organic spices. Topped with lettuce, tomato, onion and a slice of pineapple. \$15.95

**MOZZA MUSHROOM BURGER** Our sirloin burger topped with mozza cheese, sautéed garlic mushrooms, lettuce, tomato, onion and our special sauce. \$15.95

Substitute chicken breast on any of our burgers!

Gluten free buns available

## SIDES & SUBSTITUTIONS

*Sides include your choice of fries, lagers, house salad or soup of the day.*

*Substitute caesar, greek, or mango salad, onion rings or sweet potato fries for 2 • Substitute tap poutine, jalapeño soup, french onion soup or mac & cheese for 2.5 • Add homemade gravy for 1*

Prices do not include PST or GST. Please inform your server of any allergies.



*Only available daily 11am - 3pm*

### **ALL DAY BREAKFAST**

A delicious and fresh made breakfast. Includes two eggs cooked to preference, bacon, ham, hash-browns, and white or brown toast. \$11.95

### **TAP SCRAMBLER**

Scrambled eggs mixed with ham, green onions and tomato then served on a pile of golden brown hash-browns and topped with melted mixed cheese. Comes with white or brown toast \$12.95

### **TAP BREAKFAST CLUB**

Eggs cooked to your preference, bacon, cheese, tomato, lettuce and mayonnaise. Served on a fresh home-made bun or on a white or whole wheat wrap. \$11.95

### **TAP STEAK & EGGS**

An 8oz steak and two eggs cooked to your preferences and served with hash-browns and white or brown toast. \$16.95

### **TAP OMELETTE BREAKFAST**

A fresh three egg omelette made to order with your ingredients of choice. Served with a side of bacon, hash-browns, and white or brown toast. \$14.95

### **FRENCH TOAST**

2 slices of fresh French toast with a hint of cinnamon served with bacon, hash-browns and syrup. \$11.95

### **TAP BENNY'S BREAKFAST**

Eggs poached to preference, served on top of English muffin halves and back bacon, then smothered with fresh hollandaise sauce. Served with hash-browns. \$13.95

### **TAP BREAKFAST PIZZA**

A 10" pizza made using hollandaise sauce as the base. Toppings include scrambled eggs, chopped bacon, tomatoes, green onions, and mixed cheese. \$19.95

